

QUESTIONS

(1) The writer says we are not fighting against people, so who are we fighting against?



When we look at the world we see that something is wrong. People are often unkind and uncaring. They tell lies, they hurt people, they're greedy. Many people get discouraged, lack confidence, and don't see a reason for hope and purpose about their lives. People follow all sorts of ideas that seem to be good but which later turn out to be unsatisfying and deceptive. All these bad things come from the influence of the Devil and the unseen powers of darkness he controls in the spiritual world.

The good news is that Jesus has defeated the Devil and is way more powerful than he is. The Bible says: "The Son of God appeared for this purpose, to destroy the works of the Devil" (1 John 3:8). But we still find ourselves in a fight. So how do we win this fight?

(2) What pieces of armour do we need in order to fight off the Devil's attacks on our lives? Make a list of them from this Bible passage and say what each of these pieces of armour represents.

(3) God promises us victory in our fight, but whose strength do we have to rely on—our own strength or God's strength?

(4) This passage says prayer is important. According to this passage how often should we pray, and what should we pray for?

(5) At the end of this passage there is a warning to keep alert and never give up. What sort of things make it hard to keep our focus on God? What sort of things make us want to give up?

(6) Think about how you can put this teaching about God's armour into practice in your own life.