

PUT ON THE ARMOUR OF GOD

Can you remember last week's lesson about the armour of God and the song in which Nathan Wong showed us what this armour looks like? The song is based on Ephesians 6:10-18, where the Apostle Paul tells us to put on the whole armour of God in order to be able to fight against the Devil and his power.

Here's what Paul says:

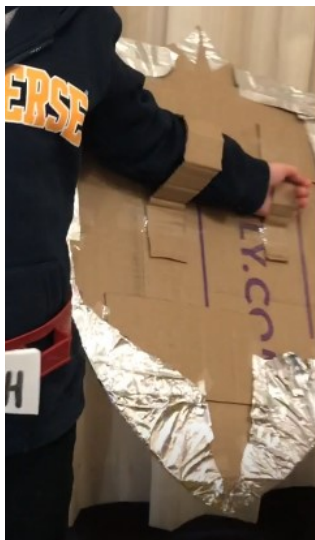
"So put on God's armour now! Then when the evil day comes, you will be able to resist the enemy's attacks; and after fighting to the end, you will still hold your ground.

"So stand ready, with truth as a belt tight around your waist, with righteousness as your breastplate, and as your shoes the readiness to announce the Good News of peace. At all times carry faith as a shield; for with it you will be able to put out all the burning arrows shot by the Evil One. And accept salvation as a helmet, and the word of God as the sword which the Spirit gives you. Do all this in prayer, asking for God's help. Pray on every occasion, as the Spirit leads. For this reason keep alert and never give up; pray always for all God's people."



ACTIVITIES

Here is a craft activity where you get to make a shield of faith and a sword of the Spirit. There is also a page with some questions to have a go at.



Get someone to throw a pingpong ball or a crumpled piece of paper at you to represent the "burning arrows shot by the Evil One". Your job is to defend yourself by using your shield! Send a video of your efforts to WhatsApp for NBBC Kids Church or WhatsApp for NBBC Ampt Kids. Don't forget to hold your sword in the other hand.

The shield of faith

Find some cardboard, such as corrugated cardboard from an empty box. Cut out the shape of a shield. On the back attach two loops, one for your arm and one for your hand (see how Nathan holds his shield). For the front attach some aluminium foil to make the shield look metallic. You could also write or paste the word "FAITH" on it.

The sword of the Spirit

Again use a piece of cardboard and cut out the shape of a sword. You might need to make a double layer of cardboard (see the picture of Nathan's sword). You might need to use a cardboard roll to strengthen the handle of the sword. Write on it the words "WORD OF GOD".

